

FAQs

FREQUENTLY ASKED QUESTIONS

Do I have to be a good swimmer to join the team?

All you need to be able to do is swim 25 yards. (This is the length of most pools)

Do I have to tryout?

No. We hold swimmer evaluations to help us place swimmers into appropriate practice groups

What if I'm involved in other sports?

Most of our swimmers participate in other activities, too. With our **FLEX practice** you could come to any practice each week. Have soccer practice or lots of homework one night? No worries, come another night. Our practices are scheduled to allow for more opportunities to participate in other activities.

Are meets held every weekend?

No, and it is up to you how many meets you enter based on your schedule.

Is there a lot of travel involved?

Most of our meets are in the NW Indiana area. We also host 1 - 2 meets at Highland High School pool. Although we do offer the opportunity for travel to other areas, all are optional.

What is the cost?

Contrary to popular belief the fees are similar to other sports like football, karate and gymnastics. The cost is based on your swim group level. The HHSC fees are very affordable. We offer payment plans, family discounts, and returning swimmer discounts. Please visit our website for detailed information on the registration fees - www.highlandhurricanes.net

How long is the Season?

Our season runs for 13 weeks.

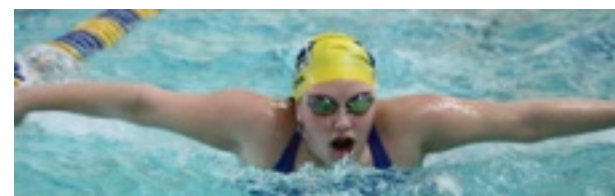
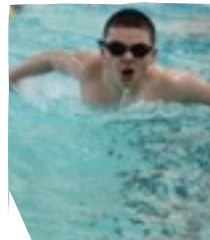
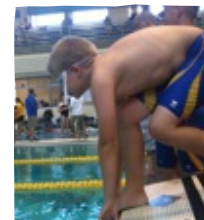
In 2009 the Hurricanes Swim Club was recognized by USA Swimming as a Level 1 Swim Club. Less than 20% of the local swim clubs in the area hold this national recognition.



For more information about our program, call Tim Case at (219) 595-2202 or e-mail info@highlandhurricanes.net

Competitive Swim Club

Hurricanes Swim Club



Visit our website for more information
www.highlandhurricanes.net



Summer 2011 Registration Information

Why Swim?

The Hurricanes Swim Club is the premier youth sports program in Northwest Indiana area. There are many benefits to getting your child involved in competitive swimming, including:

- Swimming promotes physical development.
- Swimming develops aerobic endurance and is one of the most beneficial forms of **cardiovascular exercise**.
- Swimming enhances a child's natural flexibility and promotes muscle development.
- Swimming develops superior coordination.
- Swimming is the **most injury-free** of all children's sports.
- Swimming is a sport that will bring children fitness and enjoyment for life.
- Swimming **promotes time management** and is one of the **top academically achieving sports**.
- No one sits on the bench in swimming.
- Swimming burns off an active child's energy.
- Swimming awards individual and team effort.**

The Highland Hurricanes vision is to promote positive physical, social, and emotional growth for children through participation in swimming and competition.

Registration Dates

April

- 9th 10:00 a.m. - 2:00 p.m. (Saturday)
- 16th 10:00 a.m. - 2:00 p.m. (Saturday)
- 25th 5:30 p.m. - 7:00 p.m. (Monday)
- 26th 5:30 p.m. - 7:00 p.m. (Tuesday)
- 29th 5:30 p.m. - 7:00 p.m. (Thursday)

Registration is conducted in the classroom adjacent to the Highland High School pool (41st & 5th Street). Enter through the parking lot across from the High School softball field. **Please bring a swimsuit and towel; a coach will conduct an in-water evaluation. A copy of a birth certificate is need for registration.**

Season begins Monday April 25th

WHO CAN PARTICIPATE?

Boys and Girls between the ages of 5 and 18 with some swimming ability. During the summer we have a special High School program. **We have swimmers from Highland, Griffith, Hammond, Merrillville, Calumet Township, and Munster.** We welcome any swimmer that does not have a local swim team in their community.



PRACTICES

Practices are held during the early evening at the Highland High School Pool. Swimmers could attend any day (Monday thru Friday). You pick the days that fit into you families schedule. **Many of our swimmers are in other sports and activities while swimming.** Our flexible practice schedule is a perfect fit for busy families.

OUR COACHES

- Head Coach - Amy Gyure
- Coach Tim Gyure
- Coach Nick Castillo
- Coach Megan Ray

We have an experienced staff of coaches who love what they do. They are all certified through USA Swimming and are required to maintain CPR, Safety Training for Swim Coaches and First Aid. Some hold additional coaching certifications as well.